Golf **Y**

Adult: Beginning

This class will include instruction on knowledge of golf clubs, putting, basic fundamentals and learning the correct golf swing. The fee does not include range balls to be purchased for \$8 at three of the class meetings.

Rancho Carlsbad Golf Course

Instruc	tor: Howard Fuji	Age: 16	Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45792	9:00-10:00am	Su	Jun 6-27	4c	\$45/\$55
45795	10:15-11:15am	Su	Jun 6-27	4c	\$45/\$55
45793	9:00-10:00am	Su	Jul 4-25	4c	\$45/\$55
45796	10:15-11:15am	Su	Jul 4-25	4c	\$45/\$55
45794	9:00-10:00am	Su	Aug 1-22	4c	\$45/\$55
45797	10:15-11:15am	Su	Aug 1-22	4c	\$45/\$55

Gymnastics \(\nabla\)

Gymnastics 3: Hot Shots

Introduction to Olympic apparatus including vault, bars, balance beams, uneven bars, floor exercise and trampoline. Our program is noncompetitive with the philosophy that every child is a winner! Look for Fliptime Gymnastics and Tumbling camps coming to a facility near you this summer.

Stagecoach Community Center: Gymnasium

	tor: Marcie Gern		5Y - 12Y		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45810	3:50-4:35pm	Tu	Jun 1-22	4c	\$54/\$64

Calavera Hills Community Center: Gymnasium

Instruc	tor: Marcie Gern		Age:	5Y - 12Y	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45811	3:50-4:35pm	W	Jun 2-23	4c	\$54/\$64

Tennis 💙

Juniors: Beginning

Learn all the basics with the proper technique. Forehand, backhand, serve, introduction to volleys and overheads. Each student should bring one, new, unopened can of tennis balls to the first class.

Laguna Riviera Park: Tennis Court 1

Instruct	or: Jim Goto			Age:	8Y - 15Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45817	3:15-4:15pm	M, Th	Jun 21-Jul 29	11c	\$65/\$75
45818	3:15-4:15pm	M, Th	Aug 2-Sep 2	10c	\$65/\$75

Stagecoach Community Park: Tennis Court 3

Instructo	or: Mark Keefer			Age:	7Y - 12Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45819	4:30-5:30pm	Tu	Jun 22-Jul 27	6c	\$60/\$70
45821	4:30-5:30pm	W	Jun 23-Jul 28	6c	\$60/\$70
45828	4:30-5:30pm	Th	Jun 24-Jul 29	6c	\$60/\$70
45814	4:30-5:30pm	F	Jun 25-Jul 30	6c	\$60/\$70
45820	4:30-5:30pm	Tu	Aug 3-31	5c	\$50/\$60
45822	4:30-5:30pm	W	Aug 4-Sep 1	5c	\$50/\$60
45827	4:30-5:30pm	Th	Aug 5-Sep 2	5c	\$50/\$60
45815	4:30-5:30pm	F	Aug 6-Sep 3	5c	\$50/\$60

Juniors: Beginning/Intermediate

Learn all the basic strokes with the proper technique. Forehand, backhand, serve, introduction to volleys and overhead. Each student should bring one, new, unopened can of tennis balls to class per six week session.

Stagecoach Community Park: Tennis Court 3

Instruct	or: Mark Keefer			Age:	8Y - 14Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45830	3:30-4:30pm	Tu	Jun 22-Jul 27	6c	\$60/\$70
45832	3:30-4:30pm	W	Jun 23-Jul 28	6c	\$60/\$70
45834	3:30-4:30pm	Th	Jun 24-Jul 29	6c	\$60/\$70
45836	3:30-4:30pm	F	Jun 25-Jul 30	6c	\$60/\$70
45831	3:30-4:30pm	Tu	Aug 3-31	5c	\$50/\$60
45833	3:30-4:30pm	W	Aug 4-Sep 1	5c	\$50/\$60
45835	3:30-4:30pm	Th	Aug 5-Sep 2	5c	\$50/\$60
45837	3:30-4:30pm	F	Aug 6-Sep 3	5c	\$50/\$60

Juniors: Intermediate

Extensive drilling to hone your capabilities around the court. Explore competitive strategies (defensive, aggressive, counter-punching). Each student needs to bring one, new, unopened can of tennis balls per six week session.

Laguna Riviera Park: Tennis Court 1

Instruct		Age: 8Y - 1			
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45838	4:15-5:15pm	M, Th	Jun 21-Jul 29	11c	\$65/\$75
45839	4:15-5:15pm	M, Th	Aug 2-Sep 2	10c	\$65/\$75

Stagecoach Community Park: Tennis Court 3

Instructo	or: Mark Keefer			Age: 8Y - 15Y	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45840	5:30-7:00pm	Tu	Jun 22-Jul 27	6c	\$70/\$80
45842	5:30-7:00pm	Th	Jun 24-Jul 29	6c	\$70/\$80
45841	5:30-7:00pm	Tu	Aug 3-31	5c	\$60/\$70
45843	5:30-7:00pm	Th	Aug 5-Sep 2	5c	\$60/\$70

Juniors: Advanced

For the skilled Junior looking to gain an edge over the competition. Teacher discretion. Instructor approval required to register. Each student to bring one new unopened can of tennis balls to class per six week session.

Laguna Riviera Park: Tennis Court 1

Instruct	or: Jim Goto	Age:	8Y - 15Y				
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES		
45846	5:15-6:15pm	M, Th	Jun 21-Jul 29	11c	\$65/\$75		
45847	5:15-6:15pm	M, Th	Aug 2-Sep 2	10c	\$65/\$75		
Stagecoach Community Park: Tennis Court 1							

Instruct	or: Mark Keefer			Age: 1	10Y - 16Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45844	5:30-7:00pm	W	Jun 23-Jul 28	6c	\$70/\$80
45845	5:30-7:00pm	W	Aug 4-Sep 1	5c	\$60/\$70

Activities and classes with **v** offer a health and wellness benefit to the participant.

Adult: Beginning

Learn all the basic strokes with the proper technique - forehand, backhand, serve. (Introduction to volleys and overhead.) Each student should bring one, new, unopened can of tennis balls to class per six week session.

Calavera Hills Community Park: Tennis Court 1

Instructor: Frank Fleming			Age: 15Y and u		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45852	6:00-7:15pm	М	Jun 21-Jul 26	6c	\$70/\$80
45853	6:00-7:15pm	M	Aug 2-30	5c	\$70/\$80

Poinsettia Park: Tennis Court 1

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Instruct	or: Frank Flemii		Age: 15	Y and up				
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES			
45848	6:00-7:15pm	Tu	Jun 22-Jul 27	6c	\$70/\$80			
45850	6:00-7:15pm	W	Jun 23-Jul 28	6c	\$70/\$80			
45849	6:00-7:15pm	Tu	Aug 3-31	5c	\$70/\$80			
45851	6:00-7:15pm	W	Aug 4-Sep 1	5c	\$70/\$80			

Stagecoach Community Park: Tennis Court 3

Instructor: Mark Keefer			Age: 15Y and u		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45854	8:45-10:15am	W	Jun 23-Jul 28	6c	\$70/\$80
45856	8:45-10:15am	F	Jun 25-Jul 30	6c	\$70/\$80
45855	8:45-10:15am	W	Aug 4-Sep 1	5c	\$60/\$70
45857	8:45-10:15am	F	Aug 6-Sep 3	5c	\$60/\$70

Adult: Beginning/Intermediate

Review basic strokes using proper technique. Learn ball control, placement and consistency while playing games. Introduction of basic singles and doubles strategy. Each student should bring one new, unopened can of tennis balls to class per six-week session.

Calavera Hills Community Park: Tennis Court 1

Instructor: Frank Fleming			, ,	Y and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45858	7:15-8:15pm	M	Jun 21-Jul 26	6c	\$70/\$80
45859	7:15-8:15pm	M	Aug 2-30	5c	\$70/\$80

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto				Y and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45875	9:00-10:30am	MW	Jun 21-Jul 28	11c	\$70/\$80
45876	9:00-10:30am	MW	Aug 2-Sep 1	10c	\$70/\$80

Poinsettia Park: Tennis Court 1

Instructor: Frank Fleming			Age: 15Y and		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45860	7:15-8:30pm	W	Jun 23-Jul 28	6c	\$70/\$80
45861	7:15-8:30pm	W	Aug 4-Sep 1	5c	\$70/\$80

Adult: Intermediate

Review your stroke technique. Learn ball control, placement and consistency while playing games. Each student should bring one new unopened can of tennis balls to the first class.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto			Age: 16Y and		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45873	10:30am-12:00pm	MW	Jun 21-Jul 28	11c	\$70/\$80
45874	10:30am-12:00pm	MW	Aug 2-Sep 1	10c	\$70/\$80

Poinsettia Park: Tennis Court 1

Instructor: Frank Fleming			Age: 15Y and		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45867	7:15-8:30pm	Tu	Jun 22-Jul 27	6c	\$70/\$80
45868	7:15-8:30pm	Tu	Aug 3-31	5c	\$70/\$80

Stagecoach Community Park: Tennis Court 3

Instruct	or: Mark Keefer		1	Age: 15 `	and up
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45869	8:45-10:15am	M	Jun 21-Jul 26	6c	\$70/\$80
45871	8:45-10:15am	Th	Jun 24-Jul 29	6c	\$70/\$80
45870	8:45-10:15am	M	Aug 2-30	5c	\$60/\$70
45872	8:45-10:15am	Th	Aug 5-Sep 2	5c	\$60/\$70

Adult: Advanced

Extensive drilling to hone your capabilities around the court. Explore competitive strategies (defensive, aggressive, counterpunching). Please bring one new unopened can of tennis balls to the first class.

Stagecoach Community Park: Tennis Court 3

Instructor: Mark Keefer			Age: 15Y and		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45877	12:30-2:00pm	Sa	Jun 26-Jul 31	6c	\$70/\$80
45878	12:30-2:00pm	Sa	Aug 7-Sep 4	5c	\$60/\$70

Adult: Competition Social

Practice is over! Now battle your way to be the doubles champ in this new doubles competition social. 20 Minute warm up/tips on doubles then a social mixer. Limited to 16 players on 3 courts.

Poinsettia Park: Tennis Court 1

	tor: Frank Flemin Io class on Aug 28		Age: 15Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45879	9:00-10:30am	Sa	Jun 5-26	4c	\$40/\$50
45880	9:00-10:30am	Sa	Jul 3-24	4c	\$40/\$50
45881	9:00-10:30am	Sa	Aug 14-Sep 4	4c	\$40/\$50

Volleyball 💙

Coed Intermediate

This is an intermediate, coed class taught in league format. All players should have some experience with league play and basic knowledge of volleyball fundamentals. Individuals will be assessed and placed on teams the first night of class. Tournament begins at 6 p.m. for the final class with prizes for 1st and 2nd places.

Calavera Hills Community Center: Gymnasium

Instructor: Dick Leatherman Note: No class Aug 23.			Age: 16Y and		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45800	6:30-9:30pm	M	Jul 12-Aug 30	7c	\$60/\$70

Coed Advanced/Intermediate

This is a very popular class designed for those who have played volleyball and desire a more competitive atmosphere. Players will be evaluated during the first class and placed on teams with comparable abilities.

Stagecoach Community Center: Gymnasium

Instructor: Dennis Mathis				Y and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
45798	6:30-9:30pm	M	Jun 28-Aug 23	8c	\$55/\$65